

Black Locust Katahdins

Goat Yoga Waiver Form

If at any time during this class you feel discomfort or strained, gently come out of the position and lie down. You may rest at any time during the class. It is of utmost importance that you listen to your body and respect its limits. (____) initial.

I, the undersigned, also understands that (Goat) yoga is not a substitute for medical attention, examination, diagnosis, or treatment. I, the undersigned, should consult a physician prior to beginning any new activity program. I, the undersigned recognize it is my responsibility to notify the instructor of any serious illness or injury prior to every class. I, the undersigned will take precautions to not perform any positions that may exacerbate a strain or cause pain. (____) initial.

The undersigned agrees to hold Black Locust Katahdins free from any liability or financial liability from injuries and /or property damage incurred. If, you are signing on behalf of a minor, the parent or guardian accepts full responsibility for any and all medical expenses incurred to the minors participation in any farm related incidents and agrees to release and hold harmless and indemnify, including costs and attorney fees, for any claims brought on by or in behalf of the minor. (____) initial.

By signing this agreement, the participant agrees to indemnify and hold harmless- releases from any loss, liability, damage or costs including court costs and attorney fees that I may incur due to my participation in this activity. (____) initial.

This agreement releases Black Locust Katahdins, owned and operated by Christian & Chasity Corriveau and any and all contractors or employees thereof – hereafter referred to as Black Locust Katahdins- from any and all liability relating to injuries or destruction of property that may arise. (____) initial.

The participant understands that this is a beginner GOAT yoga class that involves interactions with physical activity and farm animals. The setting will take place in a rural area such as a pasture with known contaminants such as urine and fecal materials. Farm animals are not trained pets and will not generally obey commands. The participant must accept all risks involved with farm animals and their unpredictable behaviors. (____) initial.

The undersigned acknowledges that he/ she has read this release to it's entirely and fully understands the terms and conditions. Understands that he/ she has given up substantial rights by signing this release and has signed it freely and voluntarily without inducement. Assurance made by the undersigned. His/ her signature is a complete and unconditional release of any and all liability to the extent allowed by law. (____) initial.

Model Release- the undersigned, agrees to be photographed and/ or videotaped for the participation of Goat Yoga. Permission is granted to Black Locust Katahdins for the purposes of marketing on Facebook, Instagram or website for purposes of advertising only. I understand that I will not be compensated in any way for the use of my image, likeness or voice. (____) initial.

Name (Print)

Signature

Date

Parent/ Guardian

Signature

Date